

# Florence Nightingale

2222 W. Fourth + Indianapolis, IN 22222  
H: (222) 222-2222 + fnight.abc.net

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## *Professional Profile*

Certified Registered Nurse Anesthetist with 10 years' experience in anesthesia and critical care nursing. Skilled in pediatric and adult anesthesia including ASA 3 and ASA 4 patients and medical areas including Orthopedics, Gynecology, ENT, Cardiac, Neurology, and General surgery. Supervisory background, coordinating CRU care in 16-bed unit. Excellent academic and professional credentials.

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## *Education/Credentials*

Indiana University School of Medicine, Indianapolis, IN  
*Graduate Degree, Nurse Anesthesia, 2005*  
*Bachelor of Science in Nursing, 1998*  
Graduated Summa cum Laude, GPA: 4.0

Certified Registered Nurse Anesthetist (CRNA)  
Critical Care Registered Nurse (CCRN)

Advanced Cardiac Life Support (ACLS)  
Pediatric Advanced Life Support (PALS)

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## *Professional Experience*

Methodist Hospital, Indianapolis, IN 03/2006 – Present  
*Certified Registered Nurse Anesthetist*

Provide general, spinal, epidural, Mac and regional anesthesia and related services for approximately 25 surgical cases per week, with majority ASA 3 and ASA 4 patient load, presented through Orthopedic, Gynecology, ENT, Cardiac, Neurology, and General surgery.

- ◆ Conduct pre-anesthesia evaluations, perform perioperative anesthesia delivery, and post operative care.
- ◆ Meet with patient and/or family and gather records to conduct evaluations. Counsel on anesthesia choices and processes, outlining benefits and characteristics of options.
- ◆ Prepare evaluations for emergency surgeries, rapidly evaluating airway status, disease and medical history to establish sound anesthetic plan.
- ◆ Mentor Nurse Anesthetist Interns, providing clinical opportunities for professional development while supporting with expertise and feedback.

St. Francis Hospital, Indianapolis, IN 06/1998 – 02/2006  
*Staff Registered Nurse/Charge Nurse, Cardiovascular Intensive Care Unit*

As Charge Nurse covering 3 shifts per week, assigned and directed 12 to 15 RNs to monitor and provide care for post-cardiovascular surgical patients in 16-bed unit. Reviewed caseload and upcoming admittances to align appropriately qualified nurses to cases. Anticipated and secured necessary supplies, records and medicines.

- ◆ Oversaw staff performance; monitored every patient regularly and consulted with assigned nurses for updates on condition. Made informed decisions to administer medication and perform procedures based on parameters pre-established by physicians.
- ◆ Initiated and implemented tour program to orient patients and family to unit prior to admitting. Program still in practice. Provided progress updates to families and physicians. Notified surgeons of critical or rapidly declining patient conditions.
- ◆ Preceptor to Nursing Interns, establishing professional development plans to provide exposure to diverse cases and facilitate hands-on practice with broad range of procedures. Evaluated performance, recognizing areas of growth, providing constructive feedback to refine skills, and planning next steps in developmental process.
- ◆ Developed patient education collateral on issues including diabetes, post-cardiovascular surgical recovery and analgesics.

## **Florence Nightingale**

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(St. Vincent Hospital continued)

- ◆ As Staff RN, monitored assigned patients and performed services including titration of vasoactive drugs to maintain stability. Routine procedures involved SWAN-Ganz (PA, CVP, PCWP, and cardiac output) monitoring; pacemaker monitoring, maintenance and patient education; intra-aortic balloon pumps; ventricular assist devices; and continuous venous-venous hemodialysis. Served in other units including ICU, CCU and Cardiac Cath Lab.
- ◆ Collected data to contribute to clinical trials including a study of the use of magnesium in the prevention of atrial fibrillation in post-cardiovascular surgical patients.
- ◆ Unit Code Leader, managing open chest emergency response. President of Critical Care Unit.

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### *Volunteer Activities*

#### Health Career Outreach Program

1998 – Present

Present demonstrations of open heart surgery to groups of high school students considering health careers. Narrated and explained, for audiences in hospital auditorium, surgical procedures.

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### *Affiliations*

Member, American Association of Nurse Anesthetists

Member, American Nurses Association